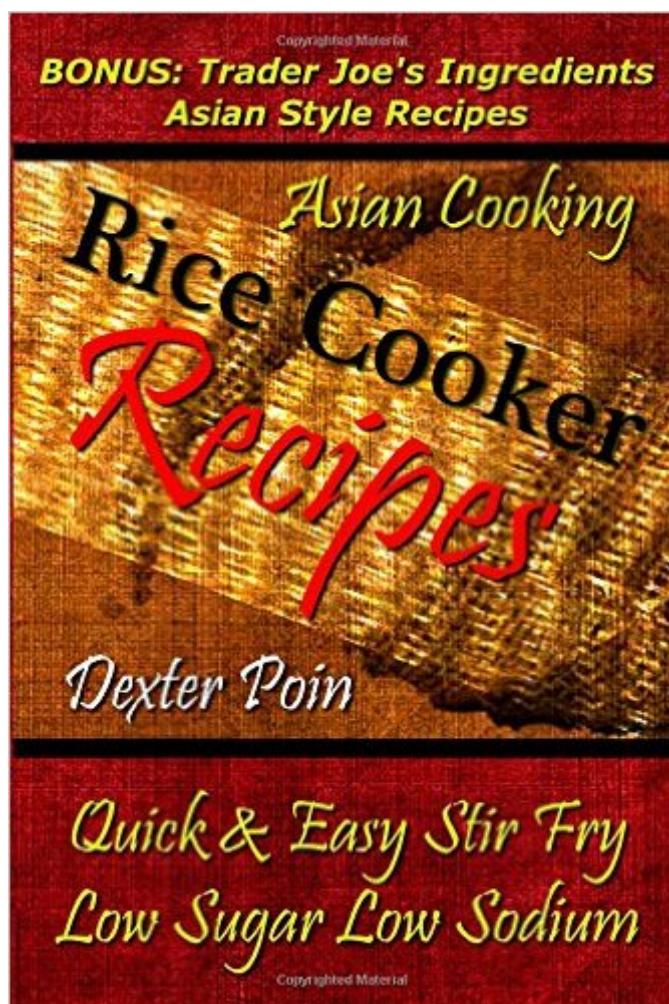


The book was found

Rice Cooker Recipes - Asian Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium: Bonus: Trader Joe's Ingredients Asian Style Recipes (Rice Rice ... - Healthy Eating On A Budget)



Synopsis

THIS RECIPE BOOK IS SOLD EXCLUSIVELY ON BOTH IN PAPERBACK AND EBOOK FORMATS ARE YOU A RECIPE JUNKIE? I know that I sure am. I hope that by the time you are done trying out some of these quick and easy rice cooker recipes, you will be as well... If you are strapped for time, absolutely nothing beats a rice cooker! Hands down the rice cooker is the easiest way to cook, while keeping prep & clean up time to a minimum as well. RICE COOKERS ARE JUST THAT AWESOME! Check out some of the delicious recipes inside... Happy Oyster -Bok Bok Kelp & Scallops- -Corn Baby Shrimp Baby- -Mushroom Scallops- -Acornâ™s & Shoots- -Brown Cabbage- -Sweet Shrimpshews- -Hi Im Buckwheat (Noodles)â | E â “ member Me!- -Golden Oysters With A Little Snap- -Shiitake & Shrimp- -Big Red (Asian style)- -Portobello and Quinoa- -Sweet Pea- -Shrimp Shitake- -The Gold Standard (Asian style)- -Mango Nut Squash- -Kung Pow Eggplant- -Stir Frying Veggies In A Rice Cooker- -Trader Joes Ingredients Set It & Forget It Asian Style Rice Cooker Recipes:- -Brown Rice Medley & Tidbits- -Sweet Jasmine- -Leggo My Eggplant- -Fusilli & Greens- -High Carb Pre & Post Workout Filler Upper- -Overlapping Recipe (Asian style)- -Here are 10 BONUS recipes taken from Betty Crockpotâ™s collection of slow cooker recipes. Enjoy!- -Mexican Chicken Soup with Cheddar Cheese Chips- -Enchilada Stuffed Peppers with Chile Verde Sauce- -Peach Balsamic Rosemary Chicken- -Crockpot Cauliflower Bolognese with Zucchini Noodle- -Paleo Crockpot Cashew Chicken- -Crockpot Chicken and Okra- -Turkey Soup- -Italian Meatballs- -Honey Mustard Chicken- -Brazilian Curry Chicken- Come be a part of the Recipe Junkies family who enjoys life, and loves sharing recipes, and cooking ideas with others. The theme of this recipe book is an Americanized Asian style of set it and forget it rice cooker cooking. But that is not all! There are plenty of extra recipes, and cooking ideas including a bonus Trader Joe's ingredients rice cooker recipe section. If you are fortunate enough to live near by a Trader Joe's, you will really enjoy these recipes. Even if not, the ingredients can all be found at stores world wide. So once again welcome to the tribe called Recipe Junkies, and lets get cooking! Rice cooking that is...

Book Information

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Customer Reviews

Excellent guide cooking directions, included recipes for many rice dishes. All the recipes I have tried where easy to follow and all taste wonderful. If you have a rice cooker I would definitely recommend this book

This is such a wonderful cookbook. The first recipe I tried was the "Mango Nut Squash." • Absolutely delicious! Last night, I made the "Brown Cabbage." • The grocery store I shop at didn't have the Asian cabbage so I used bok choy like the book suggested as a variation. It was mouth-watering good! At the end of each recipe in the book are nutrition facts: calories, fat, protein and carbs. That is such a great feature since I always seem to be counting calories and watching the fat content of everything I eat. Tomorrow night I'm going to make the "Shrimp Shitake." • The recipes are quick, easy, and healthy. If you like to eat great meals, you'll love this book!

As a Trader Joe's devotee I pounced on this title and am happy to report I was not disappointed! If you know the TJ aisles as well as I do you will welcome this clever specialty cookbook that uses items unique to the store. Sure you can make these meals with ingredients from elsewhere but this book makes it a lot easier, especially if you are a dude who shops there and nowhere else and finds the idea of scrambling around town for ingredients overwhelming. This book saves you time because all you need is at your favorite store. It almost forces you to cook! It has completely reinvigorated my diet. Awesome.

I am a rice junkie, and this book, "Rice Cooker Recipes - Asian Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium" by Dexter Poin is loaded with great Asian recipes. And not the routine kind of recipes "how about Corn Baby Shrimp Baby or Big Red" and there are lots of extras for making stir fries and the Trader Joe's bonus. I buy a lot of cookbooks, but this is one I'll be using a

lot. Five stars.

The author (aka, Chef Boy R Dexter) asks in the first few pages of the book, "Are you a Recipe Junkie?" Well, of course I am...isn't everyone? My husband is cajun, so as you well know, rice cookers are to cajuns what honey is to bees. I've always just used mine for cooking rice, so when I saw you could actually make meals in it? I jumped on this cookbook! The beauty of digital cookbooks is that you can take them to the grocery store with you (just pull it up on your iPhone or electronic device) and get what you need. I found so many recipes - there is something for everyone in this book. If you want Asian, Seafood, High carb, Veggie,...it's in there folks. Add it to your cookbook collection - you won't be sorry.

Now here's a rice cooking book for recipe junkies. We all know how healthy rice-based meals can be, when prepared properly in a low-salt, low-fat recipe that may be, well, healthy but a bit boring. Enjoy some new twists for the rice aficionado in Dexter Poin's "Rice Cooker Recipes - Asian Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium - (BONUS: Trader Joe's Ingredients Asian Style Recipes) Rice Cooker ... - #HEALTHYEATINGONABUDGET - Recipe Junkies) [Kindle Edition]. Need I say more? Buy the book, try the recipes, and enjoy.

I was recently gifted a rice cooker and I am not a big fan of just rice. My desire for innovation brought me to this book, and I loved it. The names of the recipes are engaging and fun. Pretty much personifies the food! I love the turkey soup, kung pao eggplant and the mango nut squash. I found the instructions really easy to follow and precise. Even as a first timer, the recipes were simple to use. I like how the author has introduced recipes for different situations, like workouts. Great book!

These are real and helpful recipes. Anyone can use this book. If you have never cooked before get a rice cooker and try one of these great meals! If you love to cook mingle through these meal ideas and enjoy cooking with a rice cooker! I really love this book. I go to Trader Joes so I always have some of these items on hand - good ideas I can use.

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